



វិទ្យាស្ថានគ្រូកោសល្យបាត់ដំបង

Battambang Teacher Education College

The Benefits of Early Childhood Education

Subject : Academic writing

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Room BP1 Year1 Semester2 4th Generation

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Chapter 1: Introduction

1.1. Background of study

Starting Early Childhood Education is really important because it starts beginning of birth until under the age eight years before they starting pre-school or primary school, which certainly has an impact on improve their skills and also develop on brain thinking that many authors have claimed on it about develop for Intelligence Quotient, mind, idea and behavior. Children will learn to think by seeing something again and again so it will improve their brain thinking effectively. When they have improved their brain, they will able to communicate effectively, know all the activities. early childhood education and intervention divides skill development into three areas: cognitive skills, school readiness, and social and emotional development. The economics literature on this topic focuses primarily on the development of cognitive skills (Currie, 2001). The nature of the long-term impacts of early childhood education on children's cognitive skills, behavior, and academic achievement are still debated. Taking a close look at how these treatments affect children in low--income families, a new review of 36 studies, including experimental models and large- scale public programs, describes the impact of programs that provide early childhood intervention, improve preschool education and benefit communities. They included studies of preschool, Head Start, child care, and home visitation programs and focused on changes in early cognitive development. Results indicated that the earlier the program, the more likely there was a substantial, albeit temporary, effect on improving intelligence quotient for at least one semester, even though many Early Interventions did (Barnett, 1995).

1.2. Research Question

What are the specific benefits of early childhood education?

1.3. Objective

In this research we aim to find the specific benefits of early childhood education.

1.4. Key Words

- Benefits refer to everything that go through good helpful results profits or that promotes well-being (Webster, 2025).
- Early childhood is the important of development that begins after the birth through until age eight. This is the time of brain and body to improve (Pediatrics, 2025).
- Education is the process where an individual acquires or imparts basic knowledge to another. It is also where a person develops skills essential to daily living, learns social norms, develops judgment and reasoning, and learns how to discern right from wrong (Vision, 2023).

Chapter: 2 Literature Review

2.1. What is Early Childhood Education?

Early Childhood Education (ECE) is a particular of child education that defined as the period of formal learning or informal learning that runs since birth to eight years because the age at which children enter the first grade. It is defined as an importantly time for emotional, social, cognitive and physical development. It is believed development is a stage to be the most certain development phase in a child's life, it is the foundation for all that is to come. It includes the development of children's cognitive emotional and physical growth (UNESCO, 2013). It is very important time for a child of learning and development, usually starting from birth to about eight years of age (ROCKSTAR, 2023). Furtherance Early Childhood Education generally intended to develop children's writing skills including improving language and early, as well as developing literacy. The development of children's social and emotional (feeling) skills, and go into the group for the first time (Educational & Training). Prepare and development on their knowledge including memorize decision and solve all the problems.

2.2. The Benefits of Early Childhood Education

Early Childhood Education in Cambodia and the same to all the countries all over the world for children under the age eight years, it has been discovered by many researchers and claims that Early Childhood Education has effect on Cognitive developments, Social and the Emotion, Long-term economic, Health development and Family and society. (Rao, 2009).

Early childhood education can help young children learn about reading, writing and Mathematics. Research shows that children who go to pre-schools or get education from family always get stronger early. The early years of young children is very important for their brain development. On this time the brain easy to make new connections, how to young children have learn and go to the future. When Early Childhood Education have high qualities to support their brains growth up through lessons and game learning. Helping young children become better students, smarter and ready for prepare for school (COLLEGE, n.d). Prepare and development on their knowledge including memorize decision and solve the problem (Piaget, 1998). According to research growth to language, multi-specialty based on the brain, memorize, the communication with other (Carson et al., 2016).

Children have more benefits from social and emotional development if they join to learn early, such as improve social skills, strong mental health, the better learning. When children have a strong social and emotion abilities, they are good in relationship, do well in school or everywhere. They can handle all problems with their strength. Social emotional development is also help lower the chances problems like anxiety and depression (EXCELLENCE, n.d). Children will learn to show their feelings by confidence, love, bored, excited, scared, and want to know everything but they need adults to show them to get the right way. They will start to notice outside their home including sharing communicate with other people (Radhika, 2018).

The young children who take part strong early education often do well in school, to finish high school and prepare for their college and university. The early education gave them strong for success in their studies and special help them enjoy learning. Early Childhood Education have positive effects continue into adulthood. People who attend preschool early often get better for their jobs and earn higher salary. The advantage they can develop like problems solving, teamwork and communication are valuable for at workplaces in the future (COLLEGE, n.d). The time that is very important for a child's brain growth is from birth to age eight. That is the best time for learning. When the children learning well in their early year, healthy and safe, they have a better chance of being into successful when they grow or getting adult. They can take part at work, society and community life more effectively. Early childhood education encourages sustainable development (UNESCO, 2022).

Early childhood education leanings programs that include all foods is a best way for children to build healthy eating habits. They can learn what good foods for their bodies. In the early years. Kids start to think about food which one good which one

bad for them. In preschool, they also learn how to eat politely with others people (Center, n.d). When they have the good health between birth to eight years it is a good perfect time to have develop all activities the brain will catch everything easily (UNESCO, 2022).

The big one for benefit of Early Childhood Education is that helps their parents. It is very hard for parents to work for full time if there aren't someone to care for their son or daughter. But when the children can go to learn with early education, parents have more time for themselves. These programs give their children a safe and parents are be able to trust place to leave their children for work during the day (INDIANA, n.d). When the family actively participate in their child's education it makes a big supportive that lead to improve for children's studying outcomes children whom families are have good care and positive advice (The benefits of childhood education, 2025).

Chapter3: Conclusion

Early Childhood Education it is really important for children's future that support to cognitive development emotion and social started from birth to eight years old. The benefits extra across to cognitive development for children by improve the intelligence quotient and thinking, also Social and emotion show that children have been got early childhood education. They always have confidence, positive feeling, solve the problem and have polite attitude. Add to this, it is also got high salary and better occupation when they got education. Include their health get stronger by knowing from teacher and family advice. After they had got the education, relative members not need to worried when they go far away for work.

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